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# VALUE OF ETHICS

SUMA DAS, PRINCIPAL,  
PAWAR PUBLIC SCHOOL,  
BHANDUP

**W**hile we are busy making a living, enhancing our skills and rushing through 'to do' lists, life just slips away. How do we take control over every frame of our life and paint it with shades of contentment and satisfaction? Is it important to win all the time? Don't bad times or failures prepare us for bigger challenges? Is tracking every step more important than moving forward?

Ethical thinking helps us train our mind consciously. By ethical thinking, I mean doing the right things the right way. Our families and friends play a vital role in shaping our character. Our teachers also impart values by setting examples and using other forceful methods to correct us. The formative years have phases when one's mind can be moulded like clay to give it a desired shape. Following our grandparents is perhaps the easiest way to get a right perspective about life. The richness of their experience, methodical ways and right sensibilities gave them an edge over the current generation that is more inspired by gadgets over noble minds. The joint family system too provided a right environment for the development of values. However, in the changed scenario, it is imperative to make a conscious effort to promote and preserve ethical thinking.

Building a positive image by inculcating right values can help us decide the right quantum of work and channelise our ener-



Suma Das

to achieve the right goal. At an emotional level, a sound mind in a sound body is perhaps the easiest way to get through moments when countless thoughts engulf the mind. Extreme bouts of anxiety, fear, helplessness, agony or even happiness can be restricted by a trained mind.

The journey is about integrating knowledge and ethics. Even a slight deviation can result in a discord. We have taken giant leaps in terms of technology and success can be determined after considering one's assets, profits, position and power. But in an ethical world, it is the journey that is impor-

tant. The roots make people strong enough to overcome challenges and make a choice when confronted with material pursuits. The

time is right to revisit the past and inculcate values and culture that our country has always cherished. Perhaps we were much ahead of our times and our past glory bears testimony to this fact.

History has witnessed great kings and leaders who were shining examples of strength of character. Looking at the lives of great men, we will realise that their thoughts are not outdated and their relevance has been increasing with the passage of time. Gandhi spoke of a society based on truth, non-violence and self-reliance, making the world take notice of his ideology. This great leader truly believed in a value-based educational system. Thus, the strength of education lies in developing the human mind through a truly civilized living. All in all, the quality of our lives is based on the strength of our personal character and the values we have imbibed.

**PRINCIPAL  
SPEAK**